

From April 1 to 4, 2024, Data for Progress conducted a survey of 1,304 LGBTQ+ adults nationally using web panel respondents. Respondents were defined as LGBTQ+ if they identified as LGBTQ+, transgender, a sexual orientation other than straight or heterosexual, or a gender identity other than male or female. The sample was weighted to be representative of the adult LGBTQ+ community by age, gender, education, race, and income. This sample is also weighted to account for an oversample of transgender adults to ensure proportional representation of the LGBTQ+ adult population. The survey was conducted in English. The margin of error is ±3 percentage points.

Estimates of the proportion of the national LGBTQ+ adult population come from cycles 62-65 of the U.S. Census Bureau's Household Pulse Survey (HPS), collected between September 20, 2023 and March 4, 2024.

NB: subgroups with a n-size less than 50 (<50) are not shown on these cross-tabs. We choose not to display N<50 subgroups because the sample is too small to have statistical significance. We did, however, take samples of these subgroups for representational and weighting purposes to accurately reflect the electorate makeup. Some values may not add up to 100 due to rounding.

N=1,304 unless otherwise specified.

[1] How often do you use the internet?

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
More than once a day	92	93	90	92	92	91	92	92	91	94	85	93	88	91	92
Once a day	4	3	6	3	5	5	3	4	5	2	10	3	6	6	4
Several times a week	3	4	2	3	2	4	5	3	3	3	4	3	4	1	3
Once a week	1	0	1	1	1	0	0	1	1	0	2	0	1	2	1
A few times a month	0	0	1	1	0	1	0	0	0	1	0	1	1	0	0
Never	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[2] Which of the following devices, if any, do you use to access the internet? Please select all that apply.

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Smartphone	93	95	92	95	95	97	90	73	93	95	95	93	95	90	94
Laptop computer	69	70	69	70	74	62	66	58	63	82	71	70	67	69	69
Tablet	44	45	45	32	46	52	48	41	41	48	43	44	45	31	45
Desktop computer	37	31	45	26	39	36	42	48	35	40	24	38	43	40	36
Other	5	3	6	5	4	4	10	4	5	4	5	6	2	7	4
Don't know	1	1	0	1	1	0	0	0	1	0	1	0	1	1	0
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[3] How often do you use the internet in the following places?

— Libraries

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	11	10	13	22	11	7	4	3	13	9	24	8	11	22	10
Sometimes	26	29	23	35	28	23	13	11	27	25	33	25	31	26	26
Rarely	30	30	29	25	31	33	25	27	27	34	24	30	31	26	30
Never	33	31	35	18	30	37	59	59	34	31	18	38	27	26	34
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[4] How often do you use the internet in the following places?

— Coffee shops

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	15	16	13	23	15	14	4	0	14	17	31	11	19	15	15
Sometimes	27	29	28	31	31	25	18	11	26	30	20	27	32	32	27
Rarely	26	25	25	23	27	29	23	20	26	25	22	25	27	26	26
Never	32	31	33	23	26	32	55	69	34	28	27	36	22	28	32
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[5] How often do you use the internet in the following places?

— LGBTQ+ community centers

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	7	4	10	8	7	10	1	4	7	8	17	5	9	20	6
Sometimes	15	13	17	20	15	17	5	12	17	12	26	12	21	24	14
Rarely	23	25	17	26	25	21	19	13	21	27	21	20	33	23	23
Never	54	57	56	46	52	52	75	71	55	53	36	63	37	33	56
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[6] Which of the following best describes how you access internet service at your home?

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
My household subscribes to an internet service provider	89	87	90	85	90	87	94	93	87	94	86	89	87	89	89
My household only uses data plans on mobile devices	8	10	7	12	8	9	5	1	10	5	11	8	10	6	8
My household does not subscribe to an internet service provider nor use mobile data plans	1	1	1	1	1	1	1	0	1	0	1	1	1	1	1
I do not have access to the internet at home	0	0	1	0	0	2	1	0	1	0	0	0	1	2	0
Not sure	2	2	1	2	1	2	0	5	2	1	2	2	1	2	2
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[7] Shown to respondents whose household subscribes to an internet service provider:

What type of home internet service do you subscribe to?

(N=1,161)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Cable internet, such as Xfinity, Comcast, Charter, Spectrum, or Cox	63	62	66	49	65	71	58	69	64	60	71	59	69	68	62
Fixed wireless, such as Verizon 5G Home or T-Mobile Home	17	19	13	35	15	11	12	9	17	19	14	18	17	13	18
Fiber, DSL, or other internet service	16	14	19	8	17	16	28	20	14	20	13	20	11	10	17
Not sure	4	5	2	8	3	2	3	2	5	1	1	4	3	9	3
Weighted N	1,161	569	441	227	566	190	97	81	728	433	104	722	327	117	1,044

[8] Which of the following digital or social platforms do you use, if any? Please select all that apply.

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Social networking, such as Facebook, LinkedIn, or X (formerly Twitter)	79	80	77	69	82	84	81	65	76	83	83	80	75	72	79
Video streaming, such as Youtube or Twitch	78	78	78	83	82	74	76	53	79	78	76	78	74	77	78
Image or video-sharing, such as Instagram, Tiktok, Pinterest, or Snapchat	70	77	59	85	74	63	43	37	69	71	76	69	68	71	70
Messaging, such as Messenger, Whatsapp, or Telegram	66	71	61	62	68	73	67	51	65	69	74	68	58	64	67
Discussion forums, such as Quora or Reddit	42	42	42	48	47	37	25	20	40	45	37	42	44	46	42
AI services, such as ChatGPT or Mid Journey	26	21	35	22	30	29	18	11	22	33	32	22	35	24	26
Dating services, such as Tinder, Hinge, or Grindr	22	15	30	16	27	20	16	14	21	23	16	20	26	24	21
Blogs and community platforms, such as Tumblr or Medium	20	19	18	23	23	17	8	6	19	20	23	19	20	38	18
I do not use digital or social platforms	1	1	1	0	0	2	1	10	1	1	2	1	1	1	1
None of these	1	1	1	1	1	0	1	5	1	1	0	1	1	0	1
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[9] Q9-Q24 shown to respondents who use digital or social platforms:

At what age did you **first** join digital or social platforms?

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Before the age of 10	5	4	6	13	5	0	0	0	6	3	5	7	4	9	5
Ages 10-13	32	36	22	59	38	5	0	0	34	26	26	31	35	48	30
Ages 14-18	27	31	21	24	40	15	0	0	28	26	37	23	30	22	28
After the age of 18	34	28	48	3	16	77	92	96	29	44	30	36	31	18	36
Not sure	2	1	3	1	1	3	8	4	2	1	2	2	0	2	2
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[10] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Connecting with friends and family

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	60	66	52	60	63	57	49	49	60	58	61	58	61	60	60
Somewhat important	27	23	32	24	26	31	34	26	26	29	21	29	26	19	28
Not very important	9	7	10	10	7	10	10	14	9	9	16	8	8	15	8
Not important at all	5	3	6	6	4	1	7	11	5	4	2	5	5	7	4
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[11] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Meeting new people

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	31	28	32	29	36	32	18	14	33	28	36	28	38	40	30
Somewhat important	34	35	36	32	33	40	34	33	34	34	38	36	28	33	34
Not very important	22	25	22	27	19	21	22	33	21	25	18	23	22	14	23
Not important at all	13	12	10	13	11	7	25	20	12	14	8	13	12	12	13
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[12] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Exploring and discovering new ideas and perspectives

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	40	40	36	43	42	36	33	30	43	34	49	37	42	40	40
Somewhat important	40	43	42	36	38	50	53	34	37	46	34	42	43	37	41
Not very important	13	11	16	16	13	10	8	19	12	14	11	14	12	14	13
Not important at all	7	7	6	6	8	5	7	17	8	6	5	7	4	9	7
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[13] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Staying updated on news and current events

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	31	32	33	28	30	36	34	40	30	34	50	27	31	25	32
Somewhat important	35	36	34	31	32	42	43	34	35	33	28	37	36	27	35
Not very important	19	18	19	26	20	13	15	12	19	19	15	19	20	31	18
Not important at all	15	14	14	15	18	10	8	13	16	14	6	17	12	17	15
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[14] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Expressing myself creatively

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	44	45	37	45	53	41	16	15	46	40	52	41	49	60	42
Somewhat important	33	34	34	31	32	38	37	21	32	33	24	33	33	27	33
Not very important	15	13	19	18	10	14	25	34	13	18	18	15	14	7	16
Not important at all	9	8	9	6	5	7	22	30	9	9	6	10	4	6	9
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[15] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Finding support and community related to LGBTQ+ issues

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	27	24	26	24	29	30	20	15	26	27	40	21	33	40	25
Somewhat important	27	27	27	28	23	32	32	32	27	26	25	28	25	21	28
Not very important	25	27	26	31	25	21	19	28	26	24	20	25	27	22	26
Not important at all	21	22	21	17	22	18	29	26	20	23	15	26	14	17	21
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[16] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Accessing LGBTQ+ resources and information

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	27	24	26	22	30	26	20	27	26	29	38	22	30	38	25
Somewhat important	28	27	28	35	24	32	31	20	29	26	28	27	28	27	28
Not very important	25	28	24	25	24	25	23	29	25	24	17	25	28	21	25
Not important at all	21	21	22	17	22	18	27	23	20	22	16	25	14	14	21
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[17] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Participating in activism and advocacy

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	18	17	18	18	20	22	13	5	20	16	23	17	20	31	17
Somewhat important	29	30	28	29	28	30	29	26	27	31	39	27	29	21	30
Not very important	29	30	29	29	29	31	25	31	29	30	19	28	35	28	29
Not important at all	24	24	25	23	23	18	33	39	24	23	19	28	15	21	24
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[18] When you **first** joined digital or social platforms, how important were the following potential uses of these platforms, if at all?

— Distracting from daily life stressors

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very important	43	43	36	47	48	41	20	21	45	38	44	38	45	47	42
Somewhat important	38	36	42	39	35	42	49	34	36	41	30	40	41	40	38
Not very important	12	13	14	9	11	12	21	22	12	13	15	14	10	10	13
Not important at all	7	8	8	5	6	5	11	22	7	7	11	8	4	3	8
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[19] Please say how often you use digital or social platforms for each of the following:

— Connecting with friends or family

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	57	64	51	58	62	53	50	40	58	55	55	56	58	52	58
Sometimes	31	27	35	29	27	41	36	44	29	35	37	32	30	34	31
Rarely	8	7	8	10	8	5	9	7	9	7	8	8	8	11	8
Never	4	3	5	3	4	1	6	9	4	3	1	4	4	3	4
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[20] Please say how often you use digital or social platforms for each of the following:

— Connecting with friends in the LGBTQ+ community

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	30	25	31	35	32	31	17	13	30	30	43	27	32	50	28
Sometimes	36	39	32	38	35	35	40	37	35	37	35	37	33	37	36
Rarely	19	21	20	20	20	19	13	20	18	20	10	18	23	7	21
Never	15	15	18	7	13	15	30	31	16	12	12	18	11	6	16
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[21] Please say how often you use digital or social platforms for each of the following:

— Finding new LGBTQ+ friends and communities

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	22	18	21	24	25	17	8	9	22	20	34	19	23	41	19
Sometimes	34	33	34	35	32	38	38	28	34	34	32	33	34	37	33
Rarely	25	28	25	26	24	27	27	25	24	27	20	26	27	15	26
Never	19	21	21	14	19	19	27	37	20	19	14	22	16	7	21
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[22] Please say how often you use digital or social platforms for each of the following:

— Searching for information about my sexual orientation or gender identity

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	16	12	15	20	18	14	4	3	16	14	26	12	19	37	13
Sometimes	34	31	38	44	34	30	31	22	34	35	33	33	36	34	34
Rarely	26	28	22	22	28	27	22	25	24	29	21	27	26	22	26
Never	24	29	25	14	20	29	44	50	26	21	20	27	19	6	26
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[23] Do you include your pronouns or LGBTQ+ emojis in your online profile or bio on digital or social platforms?

— Pronouns your online profile or bio

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Yes, I include this in my online profile	47	47	36	72	51	36	8	10	49	43	45	44	54	80	43
No, I do not include this in my online profile	50	50	59	25	46	60	86	84	47	53	50	53	43	17	53
Not sure	4	3	5	3	3	4	6	5	3	4	5	3	4	4	4
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[24] Do you include your pronouns or LGBTQ+ emojis in your online profile or bio on digital or social platforms?

— LGBTQ+ emojis

(N=1,290)

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Yes, I include this in my online profile	28	27	23	30	33	25	10	15	29	26	32	25	34	48	26
No, I do not include this in my online profile	66	67	73	65	61	70	85	81	65	69	63	70	61	48	68
Not sure	5	7	4	5	6	5	6	4	6	5	5	6	6	3	6
Weighted N	1,290	645	481	268	626	215	103	78	830	460	118	796	372	131	1,159

[25] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **health**?

— Search for information about my health

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	87	89	84	85	88	89	86	83	86	89	90	86	86	83	88
I do not use the internet for this	11	9	13	13	10	10	9	13	12	8	7	11	11	16	10
Not sure	2	2	3	2	2	1	5	3	2	3	2	2	2	1	2
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[26] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **health**?

— Find LGBTQ+-friendly health care providers

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	44	38	47	43	49	46	29	30	41	51	51	42	47	70	41
I do not use the internet for this	49	57	44	46	46	48	65	63	53	43	40	52	44	27	52
Not sure	7	6	8	11	5	6	6	7	7	7	8	6	9	2	7
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[27] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **health**?

— Access telehealth services

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	61	62	61	50	68	67	54	41	56	71	66	61	63	62	61
I do not use the internet for this	32	32	31	40	25	29	42	53	36	25	30	33	29	32	32
Not sure	7	5	8	10	7	4	4	6	8	4	4	6	8	6	7
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[28] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **education**?

— Access online courses, learning platforms, or other skill development

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	73	74	69	78	78	69	54	54	69	81	78	70	80	73	73
I do not use the internet for this	24	23	27	19	18	28	41	44	28	17	19	27	17	24	24
Not sure	3	3	4	3	4	3	5	2	4	3	3	4	3	4	3
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[29] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **education**?

— Access e-books and digital libraries

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	71	73	68	74	78	67	54	49	69	76	77	69	74	75	71
I do not use the internet for this	25	24	28	23	20	29	42	47	28	21	20	28	24	19	26
Not sure	3	3	4	4	3	5	4	4	3	3	4	3	3	6	3
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[30] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **education**?

— Search for educational support services and in-person opportunities

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	62	62	60	65	70	61	41	29	60	67	67	57	75	68	62
I do not use the internet for this	31	30	33	25	23	33	55	65	33	26	27	36	18	25	31
Not sure	7	7	7	10	7	6	4	6	7	7	6	7	7	7	7
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[31] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **employment**?

— Search for jobs and applications

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	78	81	75	84	86	73	58	40	78	78	79	75	83	77	78
I do not use the internet for this	19	16	22	11	11	25	39	58	18	20	17	22	14	20	19
Not sure	3	3	3	5	3	1	3	2	4	2	4	4	3	3	3
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[32] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **employment**?

— Search for LGBTQ+-friendly employment opportunities

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	41	35	42	43	46	39	25	19	38	45	47	34	53	68	38
I do not use the internet for this	50	56	49	45	45	55	65	78	53	46	42	58	36	27	53
Not sure	9	9	9	13	9	6	11	2	9	9	11	8	10	6	9
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[33] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **employment**?

— Professional networking

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	60	60	60	54	67	59	52	35	54	69	70	57	62	57	60
I do not use the internet for this	35	35	36	36	29	37	44	63	39	27	22	39	32	35	35
Not sure	5	5	4	10	5	4	3	2	7	3	8	5	6	7	5
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[34] Do you use the internet or do you **not** use the internet for each of the following actions you may take regarding your **employment**?

— Find professional skill development or certification opportunities

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I use the internet for this	62	66	57	63	70	64	45	20	58	70	70	57	73	57	63
I do not use the internet for this	33	29	38	27	26	32	50	76	35	28	25	38	21	37	32
Not sure	5	5	5	10	4	3	4	3	6	2	5	5	6	5	5
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[35] How often do you do each of the following while using the internet?

— Use LGBTQ+ emojis in statuses, captions, or other messaging

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	14	11	13	17	18	12	3	1	16	12	17	11	18	30	13
Sometimes	24	25	20	25	23	29	24	16	23	26	31	23	26	34	23
Rarely	27	30	23	29	28	26	17	18	26	27	24	24	31	17	28
Never	35	34	44	29	30	34	57	65	35	35	28	41	25	19	37
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[36] How often do you do each of the following while using the internet?

— Search for content using LGBTQ+ related hashtags

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	15	11	15	19	18	12	2	7	16	14	22	11	20	28	14
Sometimes	32	32	29	37	33	33	26	18	30	36	41	29	38	46	31
Rarely	24	27	24	26	24	22	25	18	23	25	16	26	21	15	25
Never	29	30	33	19	24	33	47	58	31	25	21	34	20	11	31
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[37] How often do you do each of the following while using the internet?

— Use LGBTQ+ related hashtags in statuses, captions, or other messaging

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	13	10	14	13	17	13	4	4	14	13	21	9	18	24	12
Sometimes	26	24	24	31	26	28	19	6	25	27	28	24	29	39	24
Rarely	26	30	20	25	27	23	27	21	24	28	22	26	26	20	26
Never	35	35	42	31	30	36	50	69	37	32	29	41	26	17	38
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[38] How often do you do each of the following while using the internet?

— Search for specific LGBTQ+ trends online

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	15	13	14	16	19	15	5	4	15	16	22	12	19	29	14
Sometimes	31	29	30	32	31	34	29	19	28	35	38	30	31	38	30
Rarely	24	25	24	31	23	21	22	21	24	24	16	24	26	22	24
Never	30	33	33	21	28	30	44	56	32	25	24	35	24	11	32
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[39] How often do you do each of the following while using the internet?

— Participate in specific LGBTQ+ trends online

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	14	10	15	16	15	17	4	7	13	16	22	11	21	30	12
Sometimes	28	31	23	28	29	30	24	16	27	30	33	27	30	28	28
Rarely	25	25	24	28	27	19	27	20	24	27	16	26	22	28	25
Never	33	34	38	28	29	34	45	56	36	26	29	37	28	14	35
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[40] How much of an impact, if any, did online spaces have for discovering or learning about your LGBTQ+ identity?

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
A lot of impact	35	32	29	47	39	24	15	14	34	35	40	32	40	55	32
Some impact	39	42	40	40	41	45	30	19	39	41	41	37	43	35	40
No impact at all	22	22	26	10	16	25	46	60	22	22	16	26	15	8	23
Don't know	4	5	5	3	3	5	8	8	5	3	2	5	3	2	5
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[41] In each of the following groups and communities, how open are you about your sexual orientation or gender identity?

— Family

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Open to everyone	37	38	41	25	38	48	48	38	37	39	45	38	32	36	38
Open to most	20	19	18	23	21	15	12	18	20	19	17	19	22	20	20
Open to only a few people	23	26	18	32	24	20	14	11	23	24	17	22	26	28	23
Not open at all	15	13	18	19	14	11	19	22	16	15	17	17	15	14	16
I am not a part of this group or community	4	4	5	1	3	6	8	11	5	2	4	4	5	1	4
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[42] In each of the following groups and communities, how open are you about your sexual orientation or gender identity?

— Friends

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Open to everyone	53	54	51	56	54	57	47	37	53	53	57	53	51	64	52
Open to most	23	23	23	24	24	21	20	22	23	24	24	22	28	14	24
Open to only a few people	14	15	14	14	15	10	19	17	14	15	15	15	11	13	15
Not open at all	6	3	10	3	5	6	11	16	6	6	1	7	7	6	6
I am not a part of this group or community	3	4	3	2	2	6	3	8	4	2	3	3	3	3	3
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[43] In each of the following groups and communities, how open are you about your sexual orientation or gender identity?

— Religious community

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Open to everyone	16	17	13	14	15	21	16	10	17	14	19	14	16	17	16
Open to most	9	8	11	5	11	10	10	7	9	10	13	9	11	8	10
Open to only a few people	11	10	10	13	11	12	4	10	10	13	15	9	15	7	11
Not open at all	23	20	29	26	21	17	24	34	24	20	26	22	24	18	23
I am not a part of this group or community	41	45	37	41	42	40	45	38	40	43	27	46	33	49	40
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[44] In each of the following groups and communities, how open are you about your sexual orientation or gender identity?

— Workplace

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Open to everyone	27	27	29	23	27	34	30	23	29	23	32	28	24	25	28
Open to most	20	18	19	17	22	18	21	10	16	27	20	19	23	21	19
Open to only a few people	18	20	14	22	20	16	10	8	16	23	13	17	22	20	18
Not open at all	20	18	24	22	20	16	22	25	21	18	22	20	20	18	20
I am not a part of this group or community	15	16	14	16	11	16	17	33	18	9	13	16	10	16	15
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[45] In each of the following groups and communities, how open are you about your sexual orientation or gender identity?

— Online community

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Open to everyone	40	38	36	43	41	46	28	24	42	37	48	37	42	50	39
Open to most	29	29	31	31	32	25	22	24	26	34	22	30	32	32	29
Open to only a few people	14	15	15	16	12	13	18	20	14	14	17	16	10	8	15
Not open at all	11	11	12	7	10	9	16	20	11	9	9	12	10	7	11
I am not a part of this group or community	6	7	6	3	5	7	15	12	6	5	4	6	6	3	6
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[46] Have you seen **anti-LGBTQ+ misinformation** while using digital or social platforms, either shared by people you know personally or people you don't know on the internet?

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I have seen anti-LGBTQ+ misinformation shared by people I know personally	14	15	11	12	17	14	6	3	13	15	14	12	20	19	13
I have seen anti-LGBTQ+ misinformation shared by people I don't know on the internet	33	33	33	37	33	34	26	29	32	35	41	30	34	38	33
I have seen anti-LGBTQ+ misinformation shared both by people I know personally and people I don't know on the internet	28	29	25	40	30	21	17	18	28	29	23	30	26	36	28
I have not seen anti-LGBTQ+ misinformation on digital or social platforms	16	15	21	7	12	22	37	38	17	16	15	19	15	5	18
Don't know	8	7	10	4	8	9	14	12	10	5	6	9	5	2	9
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[47] Have you experienced **hate or harassment** based on your sexual orientation or gender identity while using digital or social platforms, either from people you know personally or people you don't know on the internet?

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
I have experienced hate or harassment from people I know personally	11	11	12	11	12	13	9	7	11	10	10	10	12	13	11
I have experienced hate or harassment from people I don't know on the internet	22	20	20	26	25	18	16	13	23	22	24	19	31	36	21
I have experienced hate or harassment both from people I know personally and people I don't know on the internet	17	15	17	27	19	15	2	2	18	16	17	17	18	31	16
I have not experienced hate or harassment on digital or social platforms	44	49	46	31	39	51	70	74	43	47	44	49	35	17	47
Don't know	5	5	5	5	5	3	3	4	5	4	5	5	4	2	5
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[48] How often, if ever, have you experienced **anti-LGBTQ+ bullying or harassment** based on your sexual orientation or gender identity **in-person** or **online** on digital or social platforms?

— In-person

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	8	6	8	13	7	8	4	5	9	6	11	5	12	22	6
Sometimes	23	22	25	23	28	16	19	16	22	26	22	23	25	30	23
Rarely	31	32	31	32	31	38	25	27	31	33	21	33	27	30	32
Never	37	40	36	32	35	38	52	52	39	34	46	38	35	19	39
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[49] How often, if ever, have you experienced **anti-LGBTQ+ bullying or harassment** based on your sexual orientation or gender identity **in-person** or **online** on digital or social platforms?

— Online

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Often	12	10	12	14	14	9	4	1	13	9	18	8	19	19	11
Sometimes	26	23	26	33	27	27	15	6	26	26	25	26	26	43	24
Rarely	23	23	20	26	25	21	17	20	22	26	16	22	26	21	24
Never	39	44	41	27	34	43	65	73	39	39	40	44	30	16	42
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172

[50] As a member of the LGBTQ+ community, how safe or unsafe do you feel **online**?

Response	Topline	Female	Male	18-24	25-39	40-54	55-64	65+	No College	College	Black or African American	White	Latine	Identifies as transgender	Does not identify as transgender
Very safe	29	25	37	21	27	34	41	43	32	24	38	29	27	24	30
Somewhat safe	46	49	42	50	47	43	42	31	43	51	37	47	48	43	46
Somewhat unsafe	15	15	12	19	16	13	6	11	14	17	17	14	14	22	14
Very unsafe	4	3	4	4	4	5	4	6	4	4	4	3	6	10	4
Don't know	6	7	5	6	6	5	8	9	7	4	5	8	4	1	7
Weighted N	1,304	651	487	268	626	219	104	87	841	463	121	807	376	132	1,172