

DATA FOR **PROGRESS**

From March 6 to 8, 2024, Data for Progress conducted a survey of 1,227 U.S. likely voters nationally using web panel respondents. The sample was weighted to be representative of likely voters by age, gender, education, race, geography, and voting history. The survey was conducted in English. The margin of error is ± 3 percentage points.

NB: subgroups with a n-size less than 50 (<50) are not shown on these cross-tabs. We choose not to display N<50 subgroups because the sample is too small to have statistical significance. We did, however, take samples of these subgroups for representational and weighting purposes to accurately reflect the electorate makeup. Some values may not add up to 100 due to rounding.

N=1,227 unless otherwise specified.

[1] How much would you say access to sunlight each day impacts your mental health and well-being?

Response	Topline	Democrat	Independent / Third party	Republican	Female	Male	Under 45	45+	No College	College	Black or African American	White	Latino
Strongly improves	52	46	54	55	57	45	38	58	50	55	37	54	41
Somewhat improves	30	34	27	30	25	37	34	28	29	33	28	31	32
Has no effect	12	14	12	11	12	13	17	10	14	10	21	11	18
Somewhat worsens	3	4	2	3	3	3	5	2	4	1	5	2	4
Strongly worsens	1	2	1	1	1	1	2	1	1	0	2	1	1
Don't know	2	1	4	1	2	1	4	1	3	0	5	1	3
Weighted N	1,227	445	336	446	656	571	425	802	786	441	134	891	167

[2] When thinking about the timing of sunrise and sunset, which option do you prefer:

Response	Topline	Democrat	Independent / Third party	Republican	Female	Male	Under 45	45+	No College	College	Black or African American	White	Latino
The sun rising early in the morning, even during the winter, and it gets dark out in the late afternoon	26	32	19	26	23	30	30	24	26	28	41	22	40
The sun rising later in the morning, even during the winter, and setting later in the day so that it's brighter in the afternoon and evening	68	65	72	68	70	65	62	71	67	69	52	72	55
Don't know	6	4	9	5	7	5	7	5	7	3	7	6	5
Weighted N	1,227	445	336	446	656	571	425	802	786	441	134	891	167

[3] When thinking about Americans changing their clocks — either forward one hour in the spring or back one hour in the fall — which of the following comes closer to your view, even if neither is exactly right?

Response	Topline	Democrat	Independent / Third party	Republican	Female	Male	Under 45	45+	No College	College	Black or African American	White	Latino
The U.S. should continue the changing of clocks	23	26	20	22	23	23	29	20	23	24	35	20	29
The U.S. should stop the changing of clocks	60	54	63	63	59	60	48	66	57	64	34	65	52
No opinion	15	18	14	13	15	15	20	12	17	12	25	13	17
Don't know	2	2	4	2	3	2	3	2	3	0	6	2	3
Weighted N	1,227	445	336	446	656	571	425	802	786	441	134	891	167

[4] Some lawmakers have proposed a bill to make daylight saving time permanent. Under this legislation, Americans would no longer have to change their clocks twice a year, and the sun would set later in the day while it would be dark out in the early morning.

Do you support or oppose this bill to make daylight saving time permanent?

Response	Topline	Democrat	Independent / Third party	Republican	Female	Male	Under 45	45+	No College	College	Black or African American	White	Latino
Strongly support	45	41	46	48	44	46	38	49	44	46	29	48	43
Somewhat support	27	29	29	25	27	28	29	27	25	32	27	27	26
Somewhat oppose	11	14	9	11	12	11	15	10	13	9	17	10	15
Strongly oppose	8	6	8	9	7	9	8	8	8	7	8	8	10
Don't know	9	11	8	7	11	6	11	7	10	6	20	7	8
SUPPORT (TOTAL)	72	70	75	73	71	74	67	76	69	78	56	75	69
OPPOSE (TOTAL)	19	20	17	20	19	20	23	18	21	16	25	18	25
SUPPORT (NET)	+53	+50	+58	+53	+52	+54	+44	+58	+48	+62	+31	+57	+44
Weighted N	1,227	445	336	446	656	571	425	802	786	441	134	891	167